

Positive Personal Profile

Name:

Dreams and Goals: What do you really want to do? What is your dream job? What would be fun to do?	Interests: What activities are you enthusiastic about? Do you have hobbies?
Talents, Skills and Knowledge: What are you good at? What are your natural gifts?	Learning Styles: How do you learn best? Tell me about a thing you had learnt successfully
Values: What is important to you? What things guide your life?	Positive Personality Traits: What have you done successfully? Why do you think you had succeed in it?
Environmental Preferences: Do you refer to work alone? With people? Outdoor or indoor? In a silent place or noisy?	Dislikes: What type of jobs would you not like to do.
Work Experiences: Tell me about your previous work places what have you learn t there?	Support System: Who helps you when you face difficulty? Who might give you an advice?
Specific Challenges: Do you have specific difficulties that might impact your process?	Solutions and Accommodations: Have you tried to deal or overcome these difficulties?
Career Ideas and Possibilities to Explore:	