

Person-Centered Thinking Training

The Training

Person-Centered Thinking training is an instructor-led training focused on changing perspectives from caring for people with intellectual and developmental disabilities (I/DD) to providing balanced support between what is **important to** a person and what is **important for** a person.

- The interactive training helps participants change their thinking from a priority of fixing a person's limitations to supporting each person's opportunities to share their gifts and pursue their own goals.
- The training is for staff at all levels of an organization, including Board members, management, direct support professionals and even IT and custodial staff.
- Importantly, the trainings can also be tailored to individuals with I/DD who are receiving services and supports from the organization.
- Different levels of training are offered, from a 2- or 3-day foundational course to organizational immersion in which an agency aligns all of its practices with a person-centered philosophy.

A Community-Led Approach

In Colorado, the push for training came from local community agencies that realize that person-centered services are what individuals with I/DD and their families want and expect.

- Alliance hopes to work with local communities to disperse training statewide.
- Alliance is collaborating with the State and our partners in the I/DD community to reach our goal.

A Priority for Colorado

An investment in this training will help to make Colorado a leader in person-centered practices and improve services for individuals with I/DD.

- Person-centeredness was a fundamental principle of the Community Living Advisory Group's final report and recommendations.
- New federal Medicaid rules require the use of a person-centered planning process and creation of a person-centered service plan for all Home and Community-Based Services participants.

What People Are Saying

"I have learned things about my adult child I never knew before."

"PCT helped me learn how to listen to people who do not use words to communicate."

"Person-centered thinking makes so much sense and is the right thing to do."

"I used to think only I knew what was best for my daughter. Now, when people have questions, I tell them to ask her -- she knows what she wants."